

## Information for the parents of the Wippolder JO11, JO12 and JO13 teams

Wippolder is a football club that connects people, where we communicate respectfully, clearly and openly, take responsibility and a place where we all enjoy being.

The youth academy has the following two objectives:

- 1. Let youth players enjoy playing football
- 2. Give every youth player the opportunity to develop and improve at his/her own level

## To achieve this objective, Wippolder depends on:

- The trainers and coaches of the youth teams
- The team coordinators of the youth teams
- Communication with the youth players and their parents
- The commitment and behavior of the parents
- The fields and the material

## The kids

The fun of the children comes first! Every child is given the space to develop in their own way and at their own pace. The following applies to the children:

## General:

- It is compulsory to wear football boots and shin guards.
- The laces are tied tightly with a double knot.
- The children always have a bottle of water with them.
- No chewing gum and no food during practices and matches.
- No jewelry or watches.
- Go to the toilet before a practice or a match.
- The children adhere to the following rules:
  - As soon as the children are at a practice session, they can take a ball from the cart and start dribbling, do keep-ups and passing low balls to each other.
  - o Come when the trainer calls the team together.
  - o Foot on the ball when the trainer speaks.
  - o Do not talk when the trainer is explaining something.
  - O Help each other, we are a team! So don't be rude to each other.
  - We want to win, but it's okay to lose as longs as we've done our best.
  - o Clean up together (pawns, bibs, balls). Don't shoot balls hard while cleaning up.

## Practices:

- Every Tuesday and Thursday from 5:45 PM to 6:45 PM (JO11 and JO12) and Monday and Wednesday from 5:00 PM to 6:00 PM (JO13)
- Each child has 2 practices per week.
- The practice will not be cancelled (unless the field is unplayable) because of cold, rain or wind. The children can be dressed for this. In cold weather (below 10 °C) wear long pants and sleeves or thermal clothing under the football kit.
- The children have to be there 5 minutes before the start of a practice.

#### Matches:

- The children are present 30 minutes before the start of the match.
- A club kit is worn for matches. The children wear white shorts and blue socks (for sale at Wijtman sport, Oude Langendijk 13 in Delft) and a shirt (provided by the club)

## The parents

• It is possible that the trainers are unable to attend. This will be announced well in advance (on the App). It would be nice if there are parents who could then take their place.

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- If something is going on with a child with regard to behavior or health, inform the trainers/coaches about this.
- Notify the trainer no later than Tuesday if your child cannot attend a match on Saturday. The team coordinator will tell you how these notifications should be done (in an Excel sheet or in another way).
- In case your child will not be able to attend a practice sessions, notify the trainer before 20:00 of the day before.
- If your child becomes ill or injured on the day of a practice or match, please report this as soon as possible.
- If a training or match is canceled due to weather conditions, this will be communicated in time by the team coordinator or trainers.
- The parents should NOT be on the pitch during training, the warm-up and the match, but behind the fences. Also when playing away.
- Parents DO NOT interfere with the children during training, warming up and matches.
- In case parent meeting is organized by the trainer or team coordinator, at least 1 of the parents must be present.

#### Matches:

- In a home game, the coach takes the pawns for the field from the committee room. The parents ensure that the pitch is set out correctly and the goals are in place.
- During home games, the parents collect the jugs of lemonade, for the half-time break, in the canteen.
- The coaches instruct and guide the children when needed. The parents watching the game or practice do not. Cheering / applauding for a nice goal, good defensive move or a good save by the goal keeper is of course allowed!
- Scoring goals is fun as a team. It does not matter which player scores a goal. Don't focus on
  whether or not your child scores a goal. A dribbling action, nice cross or good defensive
  move is just as impressive! We kindly ask parents (and grandparents) not to reward their
  (grand)children with money or presents for goals scored.
- Tips or suggestions for the trainers/coaches can be made after a practice/match.

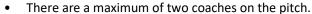
## The trainers/coaches

The trainers / coaches are generally just like you a parent of a child on the team. They have volunteered to organize practice sessions for the entire team.

- There are generally 2 trainers per team, of which at least 1 is also a coach.
- At least 1 trainer is present per practice session.
- The trainer ensures that the training is prepared (field and equipment) before the training starts. He/she takes into account the different levels of the children as much as possible, so that they can all develop at their own level.
- The children are greeted enthusiastically on arrival.
- The trainers/coaches have an exemplary role towards children and parents. They are aware of this and act accordingly.

# Matches:

• The coach ensures that he/she arrives a little earlier on a match day so that he/she is able to check in in the committee room and knows which dressing room and pitch are to be used.



- Coaching is done with the Wippolder policy in mind:
  - During matches, a line-up is used. The starting point for the line-up is that children can get the best out of themselves, from the team and learn at the position where they play. In addition, we naturally listen to where children would like to stand.
  - In principle, everyone plays when there is no permanent keeper, or agreements are made about this within the team.
  - o In principle, everyone plays for the same amount of time (can run a bit differently due to loose laces, injuries or crying or tantrums)
  - o Children who physically or verbally do not behave as they should are addressed by the trainer and are substituted if their behavior doesn't change or is seriously disturbing.
  - o During matches, the coaches will stimulate the children to:
    - ✓ Participate actively
    - ✓ Scoring and defending are equally important.
      - Possession: move forward by dribbling or passing.
      - No possession: behind the ball and pressing the ball.
  - We are of course going to try and win, but having fun is the most important!

#### The team coordinator

There is one team coordinator per team. He/she is in charge of all organizational matters involving the practice sessions and matches:

- WhatsApp group for the team.
- Attendance schedule.
- Allocation of parental tasks:
  - Washing of the shirts
  - Bar tending
  - o Committee room
  - Distribution of lemonade during home games
- Notify parents about the time and place of the matches on a weekly basis.
- Communicate tournaments and other matters via the app as soon as possible and repeat if necessary.
- Signing out of a tournament in time (at the tournament committee) when the presence of the team is not feasible.
- Provide substitute players if necessary in consultation with trainers/coaches.

# The main coordinator and head coach JO11, 12, 13

- Inform parents and trainers/coaches about the desired organizational structure.
- Is a point of contact for questions, comments, challenges and problems.
- Ensure clear communication from Wippolder to team coordinators and trainers/coaches.
- Inform via the trainer group app whether practices or matches have to be cancelled due to pitch or weather conditions.

## Communication

- App groups are for informing. Try to avoid discussions and expressing personal opinions in group chats.
- If there is something that you feel needs to be discussed please contact the person concerned directly, preferably by meeting face to face or a one-on-one phone call.



## In case of a problem

- Parents inform trainer/coach when:
  - Child is sad or angry about something
  - There is bullying
- If child causes problems during practices/matches:
  - Trainer/coach discusses this with the child
  - Afterwards, the trainer/coach informs the parent
    - ✓ Depending on the nature of the problem, they may work out a solution together
    - ✓ If serious problems persist, the head coach will be informed to look for a solution within Wippolder
- When there are sportive or tactical concerns:
  - Talk to trainer/coach
  - No clarity / agreement: send the head coach JO11, 12 and 13, Marco vd Akker (06-83713109) a whatsapp with the reason for contact and some possible calling moments.
     He indicates when he will contact you.
- Wippolder has a social safety and respect committee for problems outside of football
  matters. It can be reached via committeesocialsecurityrespect@svwippolder.nl, or via the
  'report incident' button on the Wippolder website
- Wippolder also has a confidential counselor, namely Floor van Dalen (vcp@svwippolder.nl)

## Other information:

- You can find the match schedule of your child's team via the Voetbal.nl app.
- On the website https://www.svwippolder.nl/ you will find all the information of the club
- If you would like to sponsor your son or daughter's club or team, please contact: sponsorcommissie@svwippolder.nl
- Wippolder is a club that is run by volunteers. The trainers, match organizers, referees, tournament organization, event organization, coordinators, bar committee, board, handymen, and so on, all ensure that your child can play football every week. Are you able to contribute as well? Let us know by sending an email to <a href="mailto:vrijwilliger@svwippolder.nl">vrijwilliger@svwippolder.nl</a>.
   Wippolder is looking forward to seeing what you can do for the club.