



DE SPITS

THE NEWSLETTER FOR THE YOUTH OF A.V.V. SWIFT EDITION - #2 WINTER 2023



THE KICK OFF

Brrrr...We are now truly in the winter of the '23 - 24 season. Pitches are slippery, muscles are cold and thermal clothing and gloves are in short supply. But what tough guys (and girls) you are. And so are your parents, trainers and coaches. No training or game is missed and you are as fanatical as ever. Rain or shine. This is the second edition of De Spits. Full of news and facts about AVV Swift youth. A lot has happened lately; we have played twice against Ajax, Sinterklaas has visited us and we have a new group of youth trainers. Kudos! Enjoy reading and happy holidays.

Barbara Quispel, chair of the youth committee

EXCITING MATCHES COMING UP

We are again at the end of a period, which means some exciting matches. JO13-1 already became champions in the 'hoofdklasse' last Saturday (Dec. 2) and promoted to the 4th division! They will now compete against the very best teams in the region. MO15-1 became champions this weekend by winning from number 2 AFC in a direct duel. They promote to 'hoofdklasse', the highest possible level among the girls. The JO11-3 also became champions by winning from direct rival RKAVIC. Congratulations to everyone! Next weekend the MO11-1, JO11-2, JO13-2 and MO15-2 can all also become champions at home. Are you coming to cheer them on?



PRACTICE, PRACTICE AND PRACTICE

Practice makes perfect! That's why practice matches are so important. Swift are often asked about how to arrange a practice match for your team. Sometimes requests come directly to the club and we forward them to the coaches or team managers of the relevant teams. But of course you can also take the initiative yourself. If you play a nice match in the regular competition, walk up to the opposing coach afterwards and swap numbers for a practice game. Always make sure you practice against a team that is playing at the same level or one level higher, that way you get the most out of it. And so will the opposing team. For questions about field availability, please contact your coordinator, [see here](#). Don't forget to bring your own balls and cones to mark out the pitch.

UPDATE U8 - U9

There have been changes within the teams and that has gone well, partly because all the kids train as a big team so they all know each other. Nice to mention that recently the 09s played indoors against Ajax and it went very well. Small games 4x4 and a final game that ended 2-1 in favour of Ajax! Well done team. Also in the competition 09 Rainbow had to play against Ajax. With many supporters along the line, it was very exciting. Unfortunately we lost 4-5. Training for the 08/09 has been going very well. We have been focusing on using both feet, with many exercises including dribbling with the ball and then scoring with your weaker foot; and 1vs1 and 2vs2 then scoring only with your weaker foot. In our circuits (that teams rotate through), we have focussed on individual ball control.

Karin Swart, Coördinator 08/09



CALENDAR

Each newsletter we highlight a few important dates. Put these in your calendar!

- 16 December - Indoor tournament @ Sportcentrum Caland in Amsterdam
- 16 - 17 december - Last competition weekend
- 22 December - Last training. Varies by age group check teamapp!!
- 27 Dec - 5 Jan 2024 - Football camps, no training, more information and registration can be found [here](#)
- 8 January - Resume training. Varies by age group check teamapp
- 13/14 January 2024 - No matches weekend, possibility for practice games
- 20/21 January 2024 - Matches start for period 3



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Photo credits: Manon Hoogma

TEAM PHOTO

Every newsletter we put a Swift youth team in the spotlight. This time, it's MUI5-1.

These are the stars of M015-1, last Saturday they became champions! The girls are making tremendous progress as a team, but also individually. After the winter break they will play in the 'hoofdklasse', which will be a nice challenge with strong opponents. The expectation is that the team will compete for prizes there as well. The team is trained by Miloud Tamer. A former professional football player who also played in Swift 1. The rest of the technical team includes assistant trainer and coach Menno Koop, assistant coach Simon van Melick and team manager Sara de Boer.

Do you and your team want to shine in the next edition of De Spits? Email your application to nieuwsbrief@avvswift.nl with the subject 'The Team Photo'.

WILL YOU JOIN THE CRUYFF LEGACY RUN

On 7 April 2024, children can participate for free in the coolest sporting event in Amsterdam: the Cruyff Legacy Kids Run. The start and finish will be in the Johan Cruyff Arena. How cool is that! More information and registration can be found [here](https://www.14krun.nl).



LOOK UP HERE!



www.14krun.nl

CRUYFF LEGACY KIDS RUN

DIE LOOP JE OOK VOOREEN ANDER

7 april 2024 - Johan Cruyff Arena
750, 1500, 2250 meter, dwars door het stadion!

ONE - TWO

Every newsletter we put a SWIFT V.I.P. to the test in an exclusive in-depth interview with the editors of De Spits. This time a 1-2 with Pijke, our 'Hoofd Opleiding' at A.V.V. Swift.

R: What do you do at Swift and for how long?

P: I am 'Hoofd Opleiding' (Head of Youth) at Swift. That means I develop the football technical policy and put it into practice with the help of all the trainers and coaches. I also assess, together with the trainers, the development of the players and the performance of the teams and help where I can to improve it. I became active at Swift because my son Thijs (now JO14) started playing football here. First helping out at the SJL, then assisting with training O8 and O9, coach, coach coordinator, head coach O11, head of the youngest youth and finally head for all youth. A very fun and surprising new career that I am very happy with.

R: What is the best game you have seen live?

P: Difficult question, because there are many, but in terms of emotion, match dynamics and absolute magic, it was for me as a young boy in the stands at PSV - Steau Bucharest 5-1 (1989). With a key role for Romario. While I'm not even a PSV supporter. For fans, check out the match [here](#).

R: Do you have a lot of football jerseys at home? What's your favourite?

P: Yes, several, you can call it a small collection. My most beautiful shirts are an original Arjen Robben shirt from World Cup 2010 in South Africa, a Koeman shirt from his time with Barcelona and of course a Swift shirt!

R: Is there room in your football heart to support another club besides AVV Swift?

P: I think I'm one of the few football fans in the Netherlands who has had season tickets to PSV (because I'm from the area), Ajax (because I've lived in Amsterdam since I was a student) and Feyenoord (because I just liked going there with friends). If I have to choose, I support Feyenoord, although I certainly can't call myself a loyal die-hard supporter. I cheer just as hard in Europe for Ajax, and now for PSV. But there is only one club I really support, that is N.E.C. from Nijmegen.

Next time: a 1-2 with Linda Verstraten, Youth Committee / Coordinator SJL/O10/O11/O12

UNLUCKIEST OF THE SEASON

Amélie Sabag has been playing in the MU11 since the beginning of this season and has broken her tibia so she cannot play football for the time being. We wish you lots of strength Amélie and hope to see you back on the pitch soon.



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FOOTBALL CAMPS

The Autumn football camps were a great success! Despite the rainy weather, more than 200 children showed up to train. For the older kids, there were trainers from Go Ahead Eagles who provided training. During the Christmas holidays we will again have our Swift football camps. There will be a soccer camp on 27, 28 and 29 December and on 2, 3, 4 and 5 January. You can sign up on the website [here](#).



DON'T FORGET

Are you playing at home? Then don't forget to report the final score to the match secretariat. This is done by the spelbegeleider/referee after the game. It still happens that the score is passed on too late or not at all, so remind your team.

Every team has - at least - 1 bar service per season. Did you know that the schedule for this season has already been published? More information and the schedule can be found [here](#). Please discuss this in your team.



THE FINAL WHISTLE

We are very curious what you thought of this second edition of The Spits. Will you let us know if you see us walking around the club? Or via nieuwsbrief@avvswift.nl? Also, you can always contact us if you have any ideas For new articles or sections. We are Swift together!

THE BALL IS THE BASIS

Did you know that at Swift we distinguish between 3 types of balls? 1. training balls. 2. game balls, 3. warming-up balls. As there is a lack of clarity about who is responsible for which balls, here is a clear overview:

1. If you have questions about the training balls please reach out to the trainers, if they are not properly inflated you as a player know who to go to :)
2. The game bags / game balls are provided by the (match) secretariat. In case of questions the age coordinator can help.
3. After the winter break the idea is to loan each team its own warm-up balls. More information will follow in the coming weeks.



EXTRA TIME

Fun facts and other sense and nonsense about football

Did you know?

- ...the [voetbal.nl](#) app has some nice (new) features. For example, you can indicate in the app whether you can drive to the matches and there are now more match statistics to view. For the real football analysts ;-)
- ...another new group of youth trainers has passed the JVCT course of the KNVB. Congratulations!
- ...three Swift players are currently doing an internship at FC Almere. And two at Ajax. Go get 'em boys!
- ...you can follow Swift on [Instagram](#). Will you be our 1080th follower? Don't forget to [@a.v.v.swift](#) when sharing your favorite Swift moments on your socials.
- ...on 20 December, 147 Swift youth members/parents are going to the Ajax Women's Champions League match. They are playing against Bayern Munich.