

| | Trainingsveld naast kantine | | | | | | | | | | | | | | | | Kunstgras | | | | Korfbal | | | | Tijden | | Kleedkamers | |
|-----------|-----------------------------|-------|-------------------|----------|----------|--------|----------|----------|----------|----------|--------|----------|----------|--------|--------|--|-----------|-------------|--|--|---------|--|--|--|--------|--|-------------|--|
| | Tijden | | veld A | veld M 1 | veld M 2 | veld B | veld KL1 | veld KR1 | veld KL2 | veld KR2 | Veld A | Veld M 1 | Veld M 2 | Veld B | Tijden | | | | | | | | | | | | | |
| maandag | 16:45 | 17:00 | | | | | | | | | | | | 16:45 | 17:00 | | | | | | | | | | | | | |
| | 17:00 | 17:15 | | | | | | | | | | | | 17:00 | 17:15 | | | | | | | | | | | | | |
| | 17:15 | 17:30 | | | | | | | | | | | | 17:15 | 17:30 | | | JO8 10 | | | | | | | | | | |
| | 17:30 | 17:45 | | | | | | | | | | | | 17:30 | 17:45 | | | JO9 9 | | | | | | | | | | |
| | 17:45 | 18:00 | | | | | | | | | | | | 17:45 | 18:00 | | | JO10-1 3 | | | | | | | | | | |
| | 18:00 | 18:15 | JO10-1 | JO11-1 | JO11-2 | JO12-2 | MO13-1 | Keepers | | | JO9-1 | JO9-2 | JO17-2 | 18:00 | 18:15 | | | JO11 1 | | | | | | | | | | |
| | 18:15 | 18:30 | | | | | | | | | | | | 18:15 | 18:30 | | | JO12 5 | | | | | | | | | | |
| | 18:30 | 18:45 | | | | | | | | | | | | 18:30 | 18:45 | | | MO13-1 6 | | | | | | | | | | |
| | 18:45 | 19:00 | | | | | | | | | | | | 18:45 | 19:00 | | | JO14-1 2 | | | | | | | | | | |
| | 19:00 | 19:15 | JO19-1 | | JO14-1 | | JO12-1 | | | | | | | 19:00 | 19:15 | | | MO15-1 8 | | | | | | | | | | |
| | 19:15 | 19:30 | | | | | | | | | | | | 19:15 | 19:30 | | | JO17-2 11 | | | | | | | | | | |
| | 19:30 | 19:45 | | | | | | | | | | | | 19:30 | 19:45 | | | JO19-1 2 | | | | | | | | | | |
| | 19:45 | 20:00 | | | | | | | | | | | | 19:45 | 20:00 | | | | | | | | | | | | | |
| | 20:00 | 20:15 | | | | FCS 6 | | VR1 | | VR2 | | | | 20:00 | 20:15 | | | VR 1 6 | | | | | | | | | | |
| | 20:15 | 20:30 | | | | | | | | | | | | 20:15 | 20:30 | | | VR 2 7 | | | | | | | | | | |
| | 20:30 | 20:45 | | | | | | | | | | | | 20:30 | 20:45 | | | FCS 6 12 | | | | | | | | | | |
| 20:45 | 21:00 | | | | | | | | | | | | 20:45 | 21:00 | | | | | | | | | | | | | | |
| 21:00 | 21:15 | | | | | | | | | | | | 21:00 | 21:15 | | | | | | | | | | | | | | |
| 21:15 | 21:30 | | | | | | | | | | | | 21:15 | 21:30 | | | | | | | | | | | | | | |
| dinsdag | 16:45 | 17:00 | | | | | | | | | | | | 16:45 | 17:00 | | | | | | | | | | | | | |
| | 17:00 | 17:15 | | | | | | | | | | | | 17:00 | 17:15 | | | | | | | | | | | | | |
| | 17:15 | 17:30 | | | | | | | | | | | | 17:15 | 17:30 | | | JO7 | | | | | | | | | | |
| | 17:30 | 17:45 | | | | | | | JO13-1 | | JO15-1 | | | 17:30 | 17:45 | | | JO10-2 7 | | | | | | | | | | |
| | 17:45 | 18:00 | | | | | | | | | | | | 17:45 | 18:00 | | | JO10-3 8 | | | | | | | | | | |
| | 18:00 | 18:15 | JO10-2 | JO10-3 | JO7 | | | | | | | JO15-2 | | 18:00 | 18:15 | | | JO13-1 4 | | | | | | | | | | |
| | 18:15 | 18:30 | | | | | | | | | | | | 18:15 | 18:30 | | | JO13-2 3 | | | | | | | | | | |
| | 18:30 | 18:45 | | | | | | | JO17-1 | | JO13-2 | | MO13-2 | 18:30 | 18:45 | | | MO13-2 6 | | | | | | | | | | |
| | 18:45 | 19:00 | | | | | | | | | | | | 18:45 | 19:00 | | | JO15-1 2 | | | | | | | | | | |
| | 19:00 | 19:15 | | | | | | | | | | | | 19:00 | 19:15 | | | JO15-2 5 | | | | | | | | | | |
| | 19:15 | 19:30 | | | | | | | | | | | | 19:15 | 19:30 | | | JO17-1 1 | | | | | | | | | | |
| | 19:30 | 19:45 | | | | | | | | | | | | 19:30 | 19:45 | | | | | | | | | | | | | |
| | 19:45 | 20:00 | | | | | | | | | | | | 19:45 | 20:00 | | | FCS 1 2 | | | | | | | | | | |
| | 20:00 | 20:15 | | | | | | | | | | | | 20:00 | 20:15 | | | FCS 2/3 3+4 | | | | | | | | | | |
| | 20:15 | 20:30 | | | | | | | | | | | | 20:15 | 20:30 | | | | | | | | | | | | | |
| | 20:30 | 20:45 | | | | | | | | | | | | 20:30 | 20:45 | | | | | | | | | | | | | |
| 20:45 | 21:00 | | | | | | | | | | | | 20:45 | 21:00 | | | | | | | | | | | | | | |
| 21:00 | 21:15 | | | | | | | | | | | | 21:00 | 21:15 | | | | | | | | | | | | | | |
| 21:15 | 21:30 | | | | | | | | | | | | 21:15 | 21:30 | | | | | | | | | | | | | | |
| woensdag | 16:45 | 17:00 | | | | | | | | | | | | 16:45 | 17:00 | | | | | | | | | | | | | |
| | 17:00 | 17:15 | | | | | | | | | | | | 17:00 | 17:15 | | | | | | | | | | | | | |
| | 17:15 | 17:30 | | | | | | | | | | | | 17:15 | 17:30 | | | JO8 10 | | | | | | | | | | |
| | 17:30 | 17:45 | | | | | | | | | | | | 17:30 | 17:45 | | | JO9 9 | | | | | | | | | | |
| | 17:45 | 18:00 | | | | | | | | | | | | 17:45 | 18:00 | | | JO10-1 3 | | | | | | | | | | |
| | 18:00 | 18:15 | JO8-1/JO8-2/JO8-3 | JO10-1 | JO12-2 | | JO11-1 | JO11-2 | JO9-1 | JO9-2 | | | JO7 | 18:00 | 18:15 | | | JO11 1 | | | | | | | | | | |
| | 18:15 | 18:30 | | | | | | | | | | | | 18:15 | 18:30 | | | JO12-2 5 | | | | | | | | | | |
| | 18:30 | 18:45 | | | | | | | | | | | | 18:30 | 18:45 | | | JO14-1 2 | | | | | | | | | | |
| | 18:45 | 19:00 | | | | | | | | | | | | 18:45 | 19:00 | | | MO15-1 8 | | | | | | | | | | |
| | 19:00 | 19:15 | | | | | | | | | | | | 19:00 | 19:15 | | | JO17-2 11 | | | | | | | | | | |
| | 19:15 | 19:30 | | | | | | | | | | | | 19:15 | 19:30 | | | JO19-1 2 | | | | | | | | | | |
| | 19:30 | 19:45 | | | | | | | | | | | | 19:30 | 19:45 | | | | | | | | | | | | | |
| | 19:45 | 20:00 | | | | | | | | | | | | 19:45 | 20:00 | | | VR 1 6 | | | | | | | | | | |
| | 20:00 | 20:15 | | | | | | | | | | | | 20:00 | 20:15 | | | VR 2 7 | | | | | | | | | | |
| | 20:15 | 20:30 | | | | | | | | | | | | 20:15 | 20:30 | | | FCS 6 12 | | | | | | | | | | |
| | 20:30 | 20:45 | | | | | | | | | | | | 20:30 | 20:45 | | | | | | | | | | | | | |
| 20:45 | 21:00 | | | | | | | | | | | | 20:45 | 21:00 | | | | | | | | | | | | | | |
| 21:00 | 21:15 | | | | | | | | | | | | 21:00 | 21:15 | | | | | | | | | | | | | | |
| 21:15 | 21:30 | | | | | | | | | | | | 21:15 | 21:30 | | | | | | | | | | | | | | |
| donderdag | 16:45 | 17:00 | | | | | | | | | | | | 16:45 | 17:00 | | | | | | | | | | | | | |
| | 17:00 | 17:15 | | | | | | | | | | | | 17:00 | 17:15 | | | | | | | | | | | | | |
| | 17:15 | 17:30 | | | | | | | | | | | | 17:15 | 17:30 | | | JO7 | | | | | | | | | | |
| | 17:30 | 17:45 | JO13-1 | | | | | | | | | | | 17:30 | 17:45 | | | JO10-2 9 | | | | | | | | | | |
| | 17:45 | 18:00 | | | | | | | | | | | | 17:45 | 18:00 | | | JO10-3 10 | | | | | | | | | | |
| | 18:00 | 18:15 | | | | JO15-1 | JO10-2 | JO10-3 | JO15-2 | | JO12-1 | | | 18:00 | 18:15 | | | JO12-1 12 | | | | | | | | | | |
| | 18:15 | 18:30 | | | | | | | | | | | | 18:15 | 18:30 | | | JO13-1 4 | | | | | | | | | | |
| | 18:30 | 18:45 | JO13-2 | | | | | | | | | | MO13-2 | 18:30 | 18:45 | | | JO13-2 3 | | | | | | | | | | |
| | 18:45 | 19:00 | | | | | | | | | | | | 18:45 | 19:00 | | | MO13-1 6 | | | | | | | | | | |
| | 19:00 | 19:15 | | | | JO17-1 | | | | | | | | 19:00 | 19:15 | | | MO13-2 6 | | | | | | | | | | |
| | 19:15 | 19:30 | | | | | | | | | | | | 19:15 | 19:30 | | | JO15-1 2 | | | | | | | | | | |
| | 19:30 | 19:45 | | | | | | | | | | | | 19:30 | 19:45 | | | JO15-2 11 | | | | | | | | | | |
| | 19:45 | 20:00 | | | | | | | | | | | | 19:45 | 20:00 | | | JO17-1 1 | | | | | | | | | | |
| | 20:00 | 20:15 | | | | | | | | | | | | 20:00 | 20:15 | | | | | | | | | | | | | |
| | 20:15 | 20:30 | FCS 7 | | | | | | | | | | | 20:15 | 20:30 | | | FCS 1 2 | | | | | | | | | | |
| | 20:30 | 20:45 | | | | | | | | | | | | 20:30 | 20:45 | | | FCS 2/3 3+4 | | | | | | | | | | |
| 20:45 | 21:00 | | | | | | | | | | | | 20:45 | 21:00 | | | FCS 4/5 5 | | | | | | | | | | | |
| 21:00 | 21:15 | | | | | | | | | | | | 21:00 | 21:15 | | | FCS 7 6 | | | | | | | | | | | |
| 21:15 | 21:30 | | | | | | | | | | | | 21:15 | 21:30 | | | | | | | | | | | | | | |