



### Trainingsschema SDC '12 seizoen 2026 / 2027

| Maandag     |                     |             |             |             |          |          |          |          |          |          |               |          |          |          |          |          |          |          |  |  |
|-------------|---------------------|-------------|-------------|-------------|----------|----------|----------|----------|----------|----------|---------------|----------|----------|----------|----------|----------|----------|----------|--|--|
| Tijd        | Hoofdveld A         | Hoofdveld B | Hoofdveld C | Hoofdveld D | Veld 2-A | Veld 2-B | Veld 2-C | Veld 2-D | Veld 4-A | Veld 4-B | Veld 4-C      | Veld 4-D | Veld 5-A | Veld 5-B | Veld 5-C | Veld 5-D | Veld 5-E | Veld 5-F |  |  |
| 17:00-17:15 | Gelijke kansen JO9  |             |             |             | F-League |          |          |          |          |          |               |          |          |          |          |          |          |          |  |  |
| 17:15-17:30 |                     |             |             |             |          |          |          |          |          |          |               |          |          |          |          |          |          |          |  |  |
| 17:30-17:45 |                     |             |             |             |          |          |          |          |          |          |               |          |          |          |          |          |          |          |  |  |
| 17:45-18:00 |                     |             |             |             |          |          |          |          |          |          |               |          |          |          |          |          |          |          |  |  |
| 18:00-18:15 |                     |             |             |             |          |          |          |          |          |          |               |          |          |          |          |          |          |          |  |  |
| 18:15-18:30 |                     |             |             |             |          |          |          |          |          |          |               |          |          |          |          |          |          |          |  |  |
| 18:30-18:45 | Gelijke kansen JO10 |             |             |             | JO13-1   |          | JO17-3   |          |          |          |               |          | JO13-2   |          |          |          | JO15-3   |          |  |  |
| 18:45-19:00 |                     |             |             |             |          |          |          |          |          |          |               |          |          |          |          |          |          |          |  |  |
| 19:00-19:15 |                     |             |             |             |          |          |          |          |          |          |               |          |          |          |          |          |          |          |  |  |
| 19:15-19:30 |                     |             |             |             |          |          |          |          |          |          | wedstrijdveld |          |          |          |          |          |          |          |  |  |
| 19:30-19:45 |                     |             |             |             | JO17-1   |          | JO17-2   |          | JO19-1   |          |               |          |          |          | JO19-2   |          |          |          |  |  |
| 19:45-20:00 |                     |             |             |             |          |          |          |          |          |          |               |          |          |          |          |          |          |          |  |  |
| 20:00-20:15 |                     |             |             |             |          |          |          |          |          |          |               |          |          |          |          |          |          |          |  |  |
| 20:15-20:30 |                     |             |             |             |          |          |          |          |          |          |               |          |          |          |          |          |          |          |  |  |
| 20:30-20:45 |                     |             |             |             |          |          |          |          |          |          |               |          |          |          |          |          |          |          |  |  |
| 20:45-21:00 |                     |             |             |             |          |          |          |          |          |          |               |          |          |          |          |          |          |          |  |  |
| 21:00-21:15 |                     |             |             |             |          |          |          |          |          |          |               |          |          |          |          |          |          |          |  |  |
| 21:15-21:30 |                     |             |             |             |          |          |          |          |          |          |               |          |          |          |          |          |          |          |  |  |

| Dinsdag     |                                              |             |             |             |                     |          |          |          |                 |          |          |          |                                     |          |          |                                  |          |          |
|-------------|----------------------------------------------|-------------|-------------|-------------|---------------------|----------|----------|----------|-----------------|----------|----------|----------|-------------------------------------|----------|----------|----------------------------------|----------|----------|
| Tijd        | Hoofdveld A                                  | Hoofdveld B | Hoofdveld C | Hoofdveld D | Veld 2-A            | Veld 2-B | Veld 2-C | Veld 2-D | Veld 4-A        | Veld 4-B | Veld 4-C | Veld 4-D | Veld 5-A                            | Veld 5-B | Veld 5-C | Veld 5-D                         | Veld 5-E | Veld 5-F |
| 17:00-17:15 |                                              |             |             |             |                     |          |          |          |                 |          |          |          |                                     |          |          |                                  |          |          |
| 17:15-17:30 |                                              |             |             |             |                     |          |          |          |                 |          |          |          |                                     |          |          |                                  |          |          |
| 17:30-17:45 |                                              |             |             |             |                     |          |          |          |                 |          |          |          |                                     |          |          |                                  |          |          |
| 17:45-18:00 |                                              |             |             |             |                     |          |          |          |                 |          |          |          |                                     |          |          |                                  |          |          |
| 18:00-18:15 | JO15-1                                       |             | JO15-2      |             | JO14-1 / JO14-2     |          |          |          | MO17-1 / MO17-2 |          |          |          | JO11 -1 / JO11- 2 / JO11-3 / MO11-1 |          |          | JO12-1 / JO12-2 / JO12-3 /JO12-4 |          |          |
| 18:15-18:30 |                                              |             |             |             |                     |          |          |          |                 |          |          |          |                                     |          |          |                                  |          |          |
| 18:30-18:45 |                                              |             |             |             |                     |          |          |          |                 |          |          |          |                                     |          |          |                                  |          |          |
| 18:45-19:00 |                                              |             |             |             |                     |          |          |          |                 |          |          |          |                                     |          |          |                                  |          |          |
| 19:00-19:15 | Selectie zaterdag 1 / incl. Keepers senioren |             |             |             | Selectie zaterdag 2 |          | O23-1    |          | wedstrijdveld   |          |          |          | Dames 1                             |          |          | ZA4                              |          |          |
| 19:15-19:30 |                                              |             |             |             |                     |          |          |          |                 |          |          |          |                                     |          |          |                                  |          |          |
| 19:30-19:45 |                                              |             |             |             |                     |          |          |          |                 |          |          |          |                                     |          |          |                                  |          |          |
| 19:45-20:00 |                                              |             |             |             |                     |          |          |          |                 |          |          |          |                                     |          |          |                                  |          |          |
| 20:00-20:15 |                                              |             |             |             |                     |          |          |          |                 |          |          |          |                                     |          |          |                                  |          |          |
| 20:15-20:30 |                                              |             |             |             |                     |          |          |          |                 |          |          |          |                                     |          |          |                                  |          |          |
| 20:30-20:45 |                                              |             |             |             |                     |          |          |          |                 |          |          |          |                                     |          |          |                                  |          |          |
| 20:45-21:00 |                                              |             |             |             |                     |          |          |          |                 |          |          |          |                                     |          |          |                                  |          |          |
| 21:00-21:15 |                                              |             |             |             |                     |          |          |          |                 |          |          |          |                                     |          |          |                                  |          |          |
| 21:15-21:30 |                                              |             |             |             |                     |          |          |          |                 |          |          |          |                                     |          |          |                                  |          |          |

| Woensdag    |               |             |             |             |          |  |          |          |               |          |          |          |          |          |          |                     |          |          |          |  |
|-------------|---------------|-------------|-------------|-------------|----------|--|----------|----------|---------------|----------|----------|----------|----------|----------|----------|---------------------|----------|----------|----------|--|
| Tijd        | Hoofdveld A   | Hoofdveld B | Hoofdveld C | Hoofdveld D | Veld 2-A |  | Veld 2-B | Veld 2-C | Veld 2-D      | Veld 4-A | Veld 4-B | Veld 4-C | Veld 4-D | Veld 5-A | Veld 5-B | Veld 5-C            | Veld 5-D | Veld 5-E | Veld 5-F |  |
| 17:00-17:15 | Instroom      |             |             |             | F-League |  |          |          |               |          |          |          |          |          |          | Gelijke kansen JO9  |          |          |          |  |
| 17:15-17:30 |               |             |             |             |          |  |          |          |               |          |          |          |          |          |          |                     |          |          |          |  |
| 17:30-17:45 |               |             |             |             |          |  |          |          |               |          |          |          |          |          |          |                     |          |          |          |  |
| 17:45-18:00 |               |             |             |             |          |  |          |          |               |          |          |          |          |          |          |                     |          |          |          |  |
| 18:00-18:15 | Keepers jeugd |             | JO13-2      |             | JO15-3   |  |          |          |               | JO13-1   |          |          |          |          |          | Gelijke kansen JO10 |          |          |          |  |
| 18:15-18:30 |               |             |             |             |          |  |          |          |               |          |          |          |          |          |          |                     |          |          |          |  |
| 18:30-18:45 |               |             |             |             |          |  |          |          |               |          |          |          |          |          |          |                     |          |          |          |  |
| 18:45-19:00 |               |             |             |             |          |  |          |          |               |          |          |          |          |          |          |                     |          |          |          |  |
| 19:00-19:15 | Keepers jeugd |             | G-team      |             |          |  | 45+      |          |               |          |          |          |          |          |          |                     |          |          |          |  |
| 19:15-19:30 |               |             |             |             |          |  |          |          |               |          |          |          |          |          |          |                     |          |          |          |  |
| 19:30-19:45 |               |             |             |             |          |  |          |          |               |          |          |          |          |          |          |                     |          |          |          |  |
| 19:45-20:00 |               |             |             |             |          |  |          |          |               |          |          |          |          |          |          |                     |          |          |          |  |
| 20:00-20:15 | JO17-1        |             | ZO2 / ZA6   |             | JO19-2   |  | JO23-2   |          | Wedstrijdveld |          |          |          |          |          |          |                     |          |          |          |  |
| 20:15-20:30 |               |             |             |             |          |  |          |          |               |          |          |          |          |          |          |                     |          |          |          |  |
| 20:30-20:45 |               |             |             |             |          |  |          |          |               |          |          |          |          |          |          |                     |          |          |          |  |
| 20:45-21:00 |               |             |             |             |          |  |          |          |               |          |          |          |          |          |          |                     |          |          |          |  |
| 21:00-21:15 |               |             |             |             |          |  |          |          |               |          |          |          |          |          |          |                     |          |          |          |  |
| 21:15-21:30 |               |             |             |             |          |  |          |          |               |          |          |          |          |          |          |                     |          |          |          |  |

| Donderdag   |                                     |             |                     |             |                                 |  |          |          |                  |          |          |          |                 |          |                       |          |          |          |          |  |
|-------------|-------------------------------------|-------------|---------------------|-------------|---------------------------------|--|----------|----------|------------------|----------|----------|----------|-----------------|----------|-----------------------|----------|----------|----------|----------|--|
| Tijd        | Hoofdveld A                         | Hoofdveld B | Hoofdveld C         | Hoofdveld D | Veld 2-A                        |  | Veld 2-B | Veld 2-C | Veld 2-D         | Veld 4-A | Veld 4-B | Veld 4-C | Veld 4-D        | Veld 5-A | Veld 5-B              | Veld 5-C | Veld 5-D | Veld 5-E | Veld 5-F |  |
| 16:45-17:00 | JO11 -1 / JO11- 2 / JO11-3 / MO11-1 |             |                     |             | JO12-1 / JO12-2 / JO12-3 JO12-4 |  |          |          |                  |          |          |          |                 |          |                       |          |          |          |          |  |
| 17:00-17:15 |                                     |             |                     |             |                                 |  |          |          |                  |          |          |          |                 |          |                       |          |          |          |          |  |
| 17:15-17:30 |                                     |             |                     |             |                                 |  |          |          |                  |          |          |          |                 |          |                       |          |          |          |          |  |
| 17:30-17:45 |                                     |             |                     |             |                                 |  |          |          |                  |          |          |          |                 |          |                       |          |          |          |          |  |
| 17:45-18:00 |                                     |             |                     |             |                                 |  |          |          |                  |          |          |          |                 |          |                       |          |          |          |          |  |
| 18:00-18:15 |                                     |             |                     |             | JO15-1                          |  |          |          | JO17 -2 / JO17-3 |          |          |          | JO14-1 / JO14-2 |          |                       |          |          |          |          |  |
| 18:15-18:30 |                                     |             |                     |             |                                 |  |          |          |                  |          |          |          |                 |          |                       |          |          |          |          |  |
| 18:30-18:45 |                                     |             |                     |             |                                 |  |          |          |                  |          |          |          |                 |          |                       |          |          |          |          |  |
| 18:45-19:00 | MO17-1 / MO17-2                     |             | JO19-1              |             |                                 |  | O23-1    |          |                  |          |          |          | Dames 1         |          | ZO4 / ZO5 / ZO6 / ZO7 |          |          |          | JO15-2   |  |
| 19:00-19:15 |                                     |             |                     |             |                                 |  |          |          |                  |          |          |          |                 |          |                       |          |          |          |          |  |
| 19:15-19:30 |                                     |             |                     |             |                                 |  |          |          |                  |          |          |          |                 |          |                       |          |          |          |          |  |
| 19:30-19:45 | Selectie zaterdag 1                 |             | Selectie zaterdag 2 |             | ZA3                             |  | ZA4      |          | ZA5              |          | ZO3      |          |                 |          |                       |          |          |          |          |  |
| 19:45-20:00 |                                     |             |                     |             |                                 |  |          |          |                  |          |          |          |                 |          |                       |          |          |          |          |  |
| 20:00-20:15 |                                     |             |                     |             |                                 |  |          |          |                  |          |          |          |                 |          |                       |          |          |          |          |  |
| 20:15-20:30 |                                     |             |                     |             |                                 |  |          |          |                  |          |          |          |                 |          |                       |          |          |          |          |  |
| 20:30-20:45 |                                     |             |                     |             |                                 |  |          |          |                  |          |          |          |                 |          |                       |          |          |          |          |  |
| 20:45-21:00 |                                     |             |                     |             |                                 |  |          |          |                  |          |          |          |                 |          |                       |          |          |          |          |  |
| 21:00-21:15 |                                     |             |                     |             |                                 |  |          |          |                  |          |          |          |                 |          |                       |          |          |          |          |  |
| 21:15-21:30 |                                     |             |                     |             |                                 |  |          |          |                  |          |          |          |                 |          |                       |          |          |          |          |  |

[illegible]

| Maandag    |            |                              |       |       |                 |                              |                              |       |        |        |                     |            |       |       |                     |       |         |       |       |       |       |  |  |  |  |  |
|------------|------------|------------------------------|-------|-------|-----------------|------------------------------|------------------------------|-------|--------|--------|---------------------|------------|-------|-------|---------------------|-------|---------|-------|-------|-------|-------|--|--|--|--|--|
| Kleedkamer | 17.00      | 17.15                        | 17.30 | 17.45 | 18.00           | 18.15                        | 18.30                        | 18.45 | 19.00  | 19.15  | 19.30               | 19.45      | 20.00 | 20.15 | 20.30               | 20.45 | 21.00   | 21.15 | 21.30 | 21.45 | 22.00 |  |  |  |  |  |
| 1          |            | Gelijke kansen JO9 (5 teams) |       |       |                 |                              | Gelijke kansen J10 (5 teams) |       |        |        |                     | ZA-3/5     |       |       |                     |       |         |       |       |       |       |  |  |  |  |  |
| 2          |            | Gelijke kansen JO9 (5 teams) |       |       |                 |                              | Gelijke kansen J10 (5 teams) |       |        |        |                     | ZA-3/5     |       |       |                     |       |         |       |       |       |       |  |  |  |  |  |
| 3          |            |                              |       |       |                 |                              | JO17-2                       |       |        |        | Wedstrijd           |            |       |       |                     |       |         |       |       |       |       |  |  |  |  |  |
| 4          |            |                              |       |       |                 |                              | JO13-1                       |       |        |        |                     |            |       |       |                     |       |         |       |       |       |       |  |  |  |  |  |
| 5          |            |                              |       |       |                 |                              | JO15-3                       |       |        |        |                     |            |       |       |                     |       |         |       |       |       |       |  |  |  |  |  |
| 6          |            |                              |       |       |                 |                              | JO17-3                       |       |        |        | Zaterdag 1          |            |       |       |                     |       |         |       |       |       |       |  |  |  |  |  |
| 7          |            |                              |       |       |                 | Gelijke kansen J10 (5 teams) |                              |       |        |        | JO17-1              |            |       |       |                     |       |         |       |       |       |       |  |  |  |  |  |
| 8          |            |                              |       |       |                 | Gelijke kansen J10 (5 teams) |                              |       |        |        | JO19-2              |            |       |       |                     |       |         |       |       |       |       |  |  |  |  |  |
| 9          |            |                              |       |       |                 | Gelijke kansen J10 (5 teams) |                              |       |        |        | JO19-1              |            |       |       |                     |       |         |       |       |       |       |  |  |  |  |  |
| 10         |            |                              |       |       |                 | MO11-1                       |                              |       |        |        |                     |            |       |       |                     |       |         |       |       |       |       |  |  |  |  |  |
| 11         | F-league   |                              |       |       |                 | JO13-2                       |                              |       |        |        | JO23-2              |            |       |       |                     |       |         |       |       |       |       |  |  |  |  |  |
| 12         | F-league   |                              |       |       |                 | Wedstrijd                    |                              |       |        |        |                     |            |       |       |                     |       |         |       |       |       |       |  |  |  |  |  |
| Dinsdag    |            |                              |       |       |                 |                              |                              |       |        |        |                     |            |       |       |                     |       |         |       |       |       |       |  |  |  |  |  |
| Kleedkamer | 17.00      | 17.15                        | 17.30 | 17.45 | 18.00           | 18.15                        | 18.30                        | 18.45 | 19.00  | 19.15  | 19.30               | 19.45      | 20.00 | 20.15 | 20.30               | 20.45 | 21.00   | 21.15 | 21.30 | 21.45 | 22.00 |  |  |  |  |  |
| 1          |            |                              |       |       |                 | JO14-1                       |                              |       |        |        |                     |            |       |       |                     |       |         |       |       |       |       |  |  |  |  |  |
| 2          |            |                              |       |       |                 | JO14-2                       |                              |       |        |        |                     |            |       |       |                     |       |         |       |       |       |       |  |  |  |  |  |
| 3          |            |                              |       |       |                 | JO12-1/2                     |                              |       |        |        |                     |            |       |       |                     |       |         |       |       |       |       |  |  |  |  |  |
| 4          |            |                              |       |       |                 | JO12-3/4                     |                              |       |        |        |                     | Wedstrijd  |       |       |                     |       |         |       |       |       |       |  |  |  |  |  |
| 5          |            |                              |       |       |                 | JO15-2                       |                              |       |        |        |                     | Wedstrijd  |       |       |                     |       |         |       |       |       |       |  |  |  |  |  |
| 6          |            |                              |       |       |                 |                              |                              |       |        |        |                     | Zaterdag 1 |       |       |                     |       |         |       |       |       |       |  |  |  |  |  |
| 7          |            |                              |       |       |                 | JO15-1                       |                              |       |        |        |                     |            |       |       |                     |       |         |       |       |       |       |  |  |  |  |  |
| 8          |            | JO11-1/2/3                   |       |       |                 |                              |                              |       |        | JO23-1 |                     |            |       |       |                     |       |         |       |       |       |       |  |  |  |  |  |
| 9          |            | JO11-1/2/3                   |       |       |                 |                              |                              |       |        | ZA4    |                     |            |       |       |                     |       |         |       |       |       |       |  |  |  |  |  |
| 10         |            |                              |       |       |                 | MO17-1                       |                              |       |        |        |                     | Dames 1    |       |       |                     |       |         |       |       |       |       |  |  |  |  |  |
| 11         |            |                              |       |       |                 | MO17-2                       |                              |       |        |        |                     |            |       |       |                     |       |         |       |       |       |       |  |  |  |  |  |
| 12         |            |                              |       |       |                 | Zaterdag 2                   |                              |       |        |        |                     |            |       |       |                     |       |         |       |       |       |       |  |  |  |  |  |
| Woensdag   |            |                              |       |       |                 |                              |                              |       |        |        |                     |            |       |       |                     |       |         |       |       |       |       |  |  |  |  |  |
| Kleedkamer | 17.00      | 17.15                        | 17.30 | 17.45 | 18.00           | 18.15                        | 18.30                        | 18.45 | 19.00  | 19.15  | 19.30               | 19.45      | 20.00 | 20.15 | 20.30               | 20.45 | 21.00   | 21.15 | 21.30 | 21.45 | 22.00 |  |  |  |  |  |
| 1          | Instroom   |                              |       |       |                 |                              |                              |       |        | G-Team |                     |            |       |       |                     |       |         |       |       |       |       |  |  |  |  |  |
| 2          | Instroom   |                              |       |       |                 |                              |                              |       |        | JO15-1 |                     |            |       |       |                     |       |         |       |       |       |       |  |  |  |  |  |
| 3          |            | Gelijke kansen JO9 (3 teams) |       |       |                 |                              | Gelijke kansen J10 (3 teams) |       |        |        | ZO2/ZA6             |            |       |       |                     |       |         |       |       |       |       |  |  |  |  |  |
| 4          |            | Gelijke kansen JO9 (3 teams) |       |       |                 |                              | Gelijke kansen J10 (3 teams) |       |        |        |                     |            |       |       |                     |       |         |       |       |       |       |  |  |  |  |  |
| 5          |            |                              |       |       |                 | Keepers jeugd                |                              |       |        |        |                     |            |       |       |                     |       |         |       |       |       |       |  |  |  |  |  |
| 6          |            |                              |       |       |                 |                              |                              |       |        | JO17-1 |                     |            |       |       |                     |       |         |       |       |       |       |  |  |  |  |  |
| 7          |            |                              |       |       |                 | JO15-3                       |                              |       |        |        |                     | JO19-2     |       |       |                     |       |         |       |       |       |       |  |  |  |  |  |
| 8          |            |                              |       |       |                 | JO13-1                       |                              |       |        |        |                     | Wedstrijd  |       |       |                     |       |         |       |       |       |       |  |  |  |  |  |
| 9          |            |                              |       |       |                 | JO13-2                       |                              |       |        |        |                     | Wedstrijd  |       |       |                     |       |         |       |       |       |       |  |  |  |  |  |
| 10         |            |                              |       |       |                 | MO11-1                       |                              |       |        |        |                     |            |       |       |                     |       |         |       |       |       |       |  |  |  |  |  |
| 11         | F-league   |                              |       |       |                 |                              |                              |       |        | JO23-2 |                     |            |       |       |                     |       |         |       |       |       |       |  |  |  |  |  |
| 12         | F-league   |                              |       |       |                 |                              |                              |       |        | 45+    |                     |            |       |       |                     |       |         |       |       |       |       |  |  |  |  |  |
| Donderdag  |            |                              |       |       |                 |                              |                              |       |        |        |                     |            |       |       |                     |       |         |       |       |       |       |  |  |  |  |  |
| Kleedkamer | 17.00      | 17.15                        | 17.30 | 17.45 | 18.00           | 18.15                        | 18.30                        | 18.45 | 19.00  | 19.15  | 19.30               | 19.45      | 20.00 | 20.15 | 20.30               | 20.45 | 21.00   | 21.15 | 21.30 | 21.45 | 22.00 |  |  |  |  |  |
| 1          | JO11-1/2/3 |                              |       |       |                 |                              | JO19-1                       |       |        |        |                     |            |       |       |                     |       |         |       |       |       |       |  |  |  |  |  |
| 2          | JO11-1/2/3 |                              |       |       |                 |                              |                              |       |        |        |                     |            | ZO4/5 |       |                     |       |         |       |       |       |       |  |  |  |  |  |
| 3          |            |                              |       |       |                 | JO14-1                       |                              |       |        |        |                     | ZO6/7      |       |       |                     |       |         |       |       |       |       |  |  |  |  |  |
| 4          | JO12-1/2   |                              |       |       |                 |                              |                              |       |        |        |                     |            |       |       | Zaterdag 2          |       |         |       |       |       |       |  |  |  |  |  |
| 5          |            |                              |       |       | JO14-2          |                              |                              |       |        |        |                     |            |       |       |                     |       | ZO3/ZA6 |       |       |       |       |  |  |  |  |  |
| 6          | JO12-3/4   |                              |       |       |                 |                              |                              |       | JO23-1 |        |                     |            |       |       | Zaterdag 1          |       |         |       |       |       |       |  |  |  |  |  |
| 7          |            |                              |       |       | JO17-2          |                              |                              |       |        |        |                     |            |       |       |                     |       | ZA3     |       |       |       |       |  |  |  |  |  |
| 8          |            |                              |       |       | JO17-3          |                              |                              |       |        |        |                     |            |       |       |                     |       | ZA4     |       |       |       |       |  |  |  |  |  |
| 9          |            |                              |       |       | JO15-1          |                              |                              |       |        |        |                     |            |       |       |                     |       | ZA5     |       |       |       |       |  |  |  |  |  |
| 10         |            |                              |       |       |                 |                              |                              |       |        |        |                     |            |       |       |                     |       | Dames 1 |       |       |       |       |  |  |  |  |  |
| 11         |            |                              |       |       | MO17-1/2        |                              |                              |       |        |        |                     |            |       |       |                     |       |         |       |       |       |       |  |  |  |  |  |
| 12         |            |                              |       |       | JO15-2          |                              |                              |       |        |        |                     |            |       |       |                     |       |         |       |       |       |       |  |  |  |  |  |
| Vrijdag    |            |                              |       |       |                 |                              |                              |       |        |        |                     |            |       |       |                     |       |         |       |       |       |       |  |  |  |  |  |
| Kleedkamer | 17.00      | 17.15                        | 17.30 | 17.45 | 18.00           | 18.15                        | 18.30                        | 18.45 | 19.00  | 19.15  | 19.30               | 19.45      | 20.00 | 20.15 | 20.30               | 20.45 | 21.00   | 21.15 | 21.30 | 21.45 | 22.00 |  |  |  |  |  |
| 1          |            |                              |       |       | F-league        |                              |                              |       |        |        |                     |            |       |       |                     |       |         |       |       |       |       |  |  |  |  |  |
| 2          |            |                              |       |       | F-league        |                              |                              |       |        |        |                     |            |       |       |                     |       |         |       |       |       |       |  |  |  |  |  |
| 3          |            |                              |       |       | F-league        |                              |                              |       |        |        |                     |            |       |       |                     |       |         |       |       |       |       |  |  |  |  |  |
| 4          |            |                              |       |       |                 |                              |                              |       |        |        |                     |            |       |       | 35+ / Lage senioren |       |         |       |       |       |       |  |  |  |  |  |
| 5          |            |                              |       |       |                 |                              |                              |       |        |        |                     |            |       |       | 35+ / Lage senioren |       |         |       |       |       |       |  |  |  |  |  |
| 6          |            |                              |       |       |                 |                              |                              |       |        |        |                     |            |       |       | 35+ / Lage senioren |       |         |       |       |       |       |  |  |  |  |  |
| 7          |            |                              |       |       |                 |                              |                              |       |        |        |                     |            |       |       | 35+ / Lage senioren |       |         |       |       |       |       |  |  |  |  |  |
| 8          |            |                              |       |       |                 |                              |                              |       |        |        |                     |            |       |       | 35+ / Lage senioren |       |         |       |       |       |       |  |  |  |  |  |
| 9          |            |                              |       |       |                 |                              |                              |       |        |        |                     |            |       |       | 35+ / Lage senioren |       |         |       |       |       |       |  |  |  |  |  |
| 10         |            |                              |       |       |                 |                              |                              |       |        |        |                     |            |       |       |                     |       |         |       |       |       |       |  |  |  |  |  |
| 11         |            |                              |       |       |                 |                              |                              |       |        |        |                     |            |       |       | 35+ / Lage senioren |       |         |       |       |       |       |  |  |  |  |  |
| 12         |            |                              |       |       | Passend voetbal |                              |                              |       |        |        | 35+ / Lage senioren |            |       |       |                     |       |         |       |       |       |       |  |  |  |  |  |