Trainingsschema 2020-2021

	maandag				Dinsdag				woensdag				donderdag					vrijdag			
	V 1a	V1b	V2a	V2b	V 1a	V1b	V2a	V2b	V 1a	V1b	V2a	V2b	V 1a	V1b	V2a	V2b	V3	V 1a	V1b	V2a	V2 b
15.00-15.30																					
15.30-16.00																					
16.00-16.30									OB	OB											
16.30-17.00	Vi-exc	vi-exc	Ob	ob	vi-exc	vi-exc			OB	OB			vi-exc	vi-exc							
17.00-17.30	vi-exc	vi-exc	Ob	Ob	vi-exc	vi-exc							vi-exc	vi-exc							
17.30-17.45	vi-exc	vi-exc	Ob	Ob	vi-exc	vi-exc				J13-1			vi-exc	vi-exc							
17.45-18.00	vi-exc	vi-exc	ob	Ob	vi-exc	vi-exc	J14-1			J13-1	J13-3		vi-exc	vi-exc							
18.00-18.15	J13-1	J13-3	J13-2		M19-1	J15-1	J14-1		J17-2	J13-1	J13-3		J14-1	J13-2	J15-1	M19-1					
18.15-18.30	J13-1	J13-3	J13-2		M19-1	J15-1	J14-1		J17-2	J13-1	J13-3		J14-1	J13-2	J15-1	M19-1					
18.30-18.45	J13-1	J13-3	J13-2		M19-1	J15-1	J14-1		J17-2	J13-1	J13-3		J14-1	J13-2	J15-1	M19-1			Individu	Regio	
18.45-19.00	J13-1	J13-3	J13-2		M19-1	J15-1	J14-1		J17-2	J13-1			J14-1	J13-2	J15-1	M19-1			Individu	Regio	
19.00-19.15	J13-1	J17-1	J13-2	M15-1	M19-2	J15-1	Zo2	*Ing*	J17-2	M15-1		keep	Zo2	J13-2	M19-2	M19-1			Individu	Regio	
19.15-19.30	J13-1	J17-1	J17-2	M15-1	M19-2	J15-1	Zo2	*Ing*	J17-1	M15-1		keep	Zo2	Za2	M19-2	M19-1			Individu	Regio	
19.30-19.45	J19-1	J17-1	J17-2	M15-1	M19-2		Zo2	*Ing*	J17-1	M15-1	Za3	*keep*	Zo2	Za2	M19-2		*Vd Kolk*	Dames 7x7	Individu	regio	
19.45-20.00	J19-1	J17-1	J17-2	M15-1	M19-2	Dames	Zo2	*Ing*	J17-1	M15-1	Za3	*keep*	Zo2	Za2	M19-2		*Vd Kolk*	Dames 7x7	Individu	regio	
20.00-20.15	J19-1	J17-1	J17-2		Dames	Dames	Zo2	*Ing*	J17-1	J19-1	Za3		Zo2	Za2	Dames	Dames	*Vd Kolk*	Dames 7x7	Individu		
20.15-20.30	J19-1	J17-1	J17-2		Dames	Dames	Zo2	*Ing*	J17-1	J19-1	Za3		Zo2	Za2	Dames	Dames	*Vd Kolk*	Dames 7x7	Individu		
20.30-20.45	J19-1	Za1	*Frisbee*	*Frisbee*	Dames	Zo1	Zo3		Za1	J19-1	Za3		Zo1	Zo1	Dames	Dames	*Vd Kolk*	Dames 7x7			
20.45-21.00	J19-1	Za1	*Frisbee*	*Frisbee*	Dames	Zo1	Zo3		Za1	J19-1	Za3		Zo1	Zo1	Dames	Dames	*Vd Kolk*	Dames 7x7			
21.00-21.30	Za1	Za1	*Frisbee*	*Frisbee*	Dames	Zo1	Zo3		Za1	J19-1			Zo1	Zo1	Dames	Dames					
21.30-21.45	Za1	Za1	*Frisbee*	*Frisbee*	Zo1	Zo1	Zo3		Za1	Za1			Zo1	Zo1							
21.45-22.00	Za1	Za1	*Frisbee*	*Frisbee*	Zo1	Zo1			Za1	Za1											