

| Maandag | Training Korfbal |         | Training voetbal |       |           |        |       |           |        |       |          |        |       |          |
|---------|------------------|---------|------------------|-------|-----------|--------|-------|-----------|--------|-------|----------|--------|-------|----------|
|         | Korfbalveld      |         | VELD 4           |       |           | VELD 5 |       |           | VELD 6 |       |          | VELD 1 |       |          |
|         | KV 1             | KV 2    | V 4 B            | V 4 A | V 4 Extra | V 5 B  | V 5 A | V 5 Extra | V 6 B  | V 6 A | V 6 Xtra | V 1 B  | V 1 A | V 1 Xtra |
| 17:00   |                  |         |                  |       |           |        |       |           |        |       |          |        |       |          |
| 17:15   |                  |         |                  |       |           |        |       |           |        |       |          |        |       |          |
| 17:30   |                  |         |                  |       |           |        |       |           |        |       |          |        |       |          |
| 17:45   |                  |         |                  |       |           |        |       |           |        |       |          |        |       |          |
| 18:00   | J9/10            | J11     |                  |       |           |        |       |           |        |       |          |        |       |          |
| 18:15   | J9/10            | J11     | <14-1            | <13-2 | <13-3     | K Trc  | <15-2 |           |        |       |          | <15-1  | <13-1 |          |
| 18:30   | J9/10            | J11/J17 | <14-1            | <13-2 | <13-3     | K Trc  | <15-2 |           |        |       |          | <15-1  | <13-1 |          |
| 18:45   | J9/10            | J11/J17 | <14-1            | <13-2 | <13-3     | K Trc  | <15-2 |           |        |       |          | <15-1  | <13-1 |          |
| 19:00   | J3/J7            | J10/17  | <14-1            | <13-2 | <13-3     | K Trc  | <15-2 |           |        |       |          | <15-1  | <13-1 |          |
| 19:15   | J3/J7            | J10/17  | <14-1            | <13-2 | <13-3     | K Trc  | <15-2 |           |        |       |          | <15-1  | <13-1 |          |
| 19:30   | J3               | J10/17  | <17-2            | <19-2 |           | K Trc  |       |           |        |       |          | <17-1  | <19-1 |          |
| 19:45   | J3               | J10/17  | <17-2            | <19-2 |           | K Trc  |       |           |        |       |          | <17-1  | <19-1 |          |
| 20:00   |                  |         | <17-2            | <19-2 |           | K Trc  |       |           |        |       |          | <17-1  | <19-1 |          |
| 20:15   |                  |         | <17-2            | <19-2 |           | K Trc  |       |           |        |       |          | <17-1  | <19-1 |          |
| 20:30   |                  |         | <17-2            | <19-2 |           |        |       |           |        |       |          | <17-1  | <19-1 |          |
| 20:45   |                  |         | <17-2            | <19-2 |           |        |       |           |        |       |          | <17-1  | <19-1 |          |
| 21:00   |                  |         |                  |       |           |        |       |           |        |       |          |        |       |          |
| 21:15   |                  |         |                  |       |           |        |       |           |        |       |          |        |       |          |
| 21:30   |                  |         |                  |       |           |        |       |           |        |       |          |        |       |          |
| 21:45   |                  |         |                  |       |           |        |       |           |        |       |          |        |       |          |
| 22:00   |                  |         |                  |       |           |        |       |           |        |       |          |        |       |          |

Elk blok in tijd is één kwartier: dus eerste blok loopt van 17:00 uur tot 17:15 uur

| Dinsdag | Training Korfbal |        | Training voetbal |        |           |        |        |           |        |       |          |           |           |          |
|---------|------------------|--------|------------------|--------|-----------|--------|--------|-----------|--------|-------|----------|-----------|-----------|----------|
|         | Korfbalveld      |        | VELD 4           |        |           | VELD 5 |        |           | VELD 6 |       |          | VELD 1    |           |          |
|         | KV 1             | KV 2   | V 4 B            | V 4 A  | V 4 Extra | V 5 B  | V 5 A  | V 5 Extra | V 6 B  | V 6 A | V 6 Xtra | V 1 B     | V 1 A     | V 1 Xtra |
| 17:00   |                  |        |                  |        |           |        |        |           |        |       |          |           |           |          |
| 17:15   |                  |        |                  |        |           |        |        |           |        |       |          |           |           |          |
| 17:30   |                  |        |                  |        |           |        |        |           |        |       |          |           |           |          |
| 17:45   |                  |        |                  |        |           |        |        |           |        |       |          |           |           |          |
| 18:00   | J4/J5            | J6/J8  |                  |        |           |        |        |           |        |       |          |           |           |          |
| 18:15   | J4/J5            | J6/J8  | <8-1/2/3         | <7-1/2 |           |        | <9-1/2 |           |        |       |          | <11-1/2/3 | <10-1/2/3 |          |
| 18:30   | J4/J5            | J6/J8  | <8-1/2/3         | <7-1/2 |           |        | <9-1/2 |           |        |       |          | <11-1/2/3 | <10-1/2/3 |          |
| 18:45   | J4/J5            | J6/J8  | <8-1/2/3         | <7-1/2 |           |        | <9-1/2 |           |        |       |          | <11-1/2/3 | <10-1/2/3 |          |
| 19:00   | U19              | J11/J2 | <8-1/2/3         | <7-1/2 |           |        | <9-1/2 |           |        |       |          | <11-1/2/3 | <10-1/2/3 |          |
| 19:15   | U19              | J11/J2 | <8-1/2/3         | <7-1/2 |           |        | <9-1/2 |           |        |       |          | <11-1/2/3 | <10-1/2/3 |          |
| 19:30   | U19              | J11/J2 |                  |        |           |        |        |           |        |       |          |           |           |          |
| 19:45   | U19              | J11/J2 |                  |        |           |        |        |           |        |       |          |           |           |          |
| 20:00   | Sen1             | Sen2   |                  |        |           |        | VR-1   |           |        |       |          | A Sel     | A Sel     |          |
| 20:15   | Sen1             | Sen2   |                  |        |           |        | VR-1   |           |        |       |          | A Sel     | A Sel     |          |
| 20:30   | Sen1             | Sen2   |                  |        |           |        | VR-1   |           |        |       |          | A Sel     | A Sel     |          |
| 20:45   | Sen1             | Sen2   |                  |        |           |        | VR-1   |           |        |       |          | A Sel     | A Sel     |          |
| 21:00   | Sen1             | Sen2   |                  |        |           |        | VR-1   |           |        |       |          | A Sel     | A Sel     |          |
| 21:15   | Sen1             | Sen2   |                  |        |           |        | VR-1   |           |        |       |          |           |           |          |
| 21:30   | Sen1             | Sen2   |                  |        |           |        |        |           |        |       |          |           |           |          |
| 21:45   | Sen1             | Sen2   |                  |        |           |        |        |           |        |       |          |           |           |          |
| 22:00   |                  |        |                  |        |           |        |        |           |        |       |          |           |           |          |

Looptraining V1A gehele strook  
vooran tot is nu gesold !!!

| Woensdag | Training Korfbal |      | Training voetbal |       |           |        |       |           |        |       |          |        |       |            | voorsaat tot 16 mlti gebruik !!! |  |  |
|----------|------------------|------|------------------|-------|-----------|--------|-------|-----------|--------|-------|----------|--------|-------|------------|----------------------------------|--|--|
|          | Korfbalveld      |      | VELD 4           |       |           | VELD 5 |       |           | VELD 6 |       |          | VELD 1 |       |            |                                  |  |  |
|          | KV 1             | KV 2 | V 4 B            | V 4 A | V 4 Extra | V 5 B  | V 5 A | V 5 Extra | V 6 B  | V 6 A | V 6 Xtra | V 1 B  | V 1 A | V 1 Xtra   |                                  |  |  |
| 17:00    |                  |      |                  |       |           |        |       |           |        |       |          |        |       |            |                                  |  |  |
| 17:15    |                  |      |                  |       |           |        |       |           |        |       |          |        |       |            |                                  |  |  |
| 17:30    |                  |      |                  |       |           |        |       |           |        |       |          |        |       |            |                                  |  |  |
| 17:45    |                  |      |                  |       |           |        |       |           |        |       |          |        |       |            |                                  |  |  |
| 18:00    | J7/Welpe         | J12  |                  |       |           |        |       |           |        |       |          |        |       | LoopTrain. |                                  |  |  |
| 18:15    | J7/Welpe         | J12  | <13-3            | <13-2 |           | <15-1  | <13-1 |           |        |       |          | <14-1  | <15-2 | LoopTrain. |                                  |  |  |
| 18:30    | J7/Welpe         | J12  | <13-3            | <13-2 |           | <15-1  | <13-1 |           |        |       |          | <14-1  | <15-2 | LoopTrain. |                                  |  |  |
| 18:45    | J7               | J12  | <13-3            | <13-2 |           | <15-1  | <13-1 |           |        |       |          | <14-1  | <15-2 | LoopTrain. |                                  |  |  |
| 19:00    |                  |      | <13-3            | <13-2 |           | <15-1  | <13-1 |           |        |       |          | <14-1  | <15-2 | LoopTrain. |                                  |  |  |
| 19:15    |                  |      | <13-3            | <13-2 |           | <15-1  | <13-1 |           |        |       |          | <14-1  | <15-2 | LoopTrain. |                                  |  |  |
| 19:30    |                  |      |                  |       |           |        |       |           |        |       |          | <17-2  | <19-2 | LoopTrain. |                                  |  |  |
| 19:45    |                  |      | Sen 6            | Sen 7 |           | Sen 4  | Sen 8 |           |        |       |          | <17-2  | <19-2 | LoopTrain. |                                  |  |  |
| 20:00    | MW1              | MW2  | Sen 6            | Sen 7 |           | Sen 4  | Sen 8 |           |        |       |          | <17-2  | <19-2 | LoopTrain. |                                  |  |  |
| 20:15    | MW1              | MW2  | Sen 6            | Sen 7 |           | Sen 4  | Sen 8 |           |        |       |          | <17-2  | <19-2 | LoopTrain. |                                  |  |  |
| 20:30    | MW1              | MW2  | Sen 6            | Sen 7 |           | Sen 4  | Sen 8 |           |        |       |          | <17-2  | <19-2 | LoopTrain. |                                  |  |  |
| 20:45    | MW1              | MW2  | Sen 6            | Sen 7 |           | Sen 4  | Sen 8 |           |        |       |          | <17-2  | <19-2 | LoopTrain. |                                  |  |  |
| 21:00    |                  |      | Sen 6            | Sen 7 |           | Sen 4  | Sen 8 |           |        |       |          |        |       |            |                                  |  |  |
| 21:15    |                  |      |                  |       |           |        |       |           |        |       |          |        |       |            |                                  |  |  |
| 21:30    |                  |      |                  |       |           |        |       |           |        |       |          |        |       |            |                                  |  |  |
| 21:45    |                  |      |                  |       |           |        |       |           |        |       |          |        |       |            |                                  |  |  |
| 22:00    |                  |      |                  |       |           |        |       |           |        |       |          |        |       |            |                                  |  |  |

| Donderdag | Training Korfbal |        | Training voetbal |        |           |        |       |           |        |       |          |           |           |          |
|-----------|------------------|--------|------------------|--------|-----------|--------|-------|-----------|--------|-------|----------|-----------|-----------|----------|
|           | Korfbalveld      |        | VELD 4           |        |           | VELD 5 |       |           | VELD 6 |       |          | VELD 1    |           |          |
|           | KV 1             | KV 2   | V 4 B            | V 4 A  | V 4 Extra | V 5 B  | V 5 A | V 5 Extra | V 6 B  | V 6 A | V 6 Xtra | V 1 B     | V 1 A     | V 1 Xtra |
| 17:00     |                  |        |                  |        |           |        |       |           |        |       |          |           |           |          |
| 17:15     |                  |        |                  |        |           |        |       |           |        |       |          |           |           |          |
| 17:30     |                  |        |                  |        |           |        |       |           |        |       |          |           |           |          |
| 17:45     |                  |        |                  |        |           |        |       |           |        |       |          |           |           |          |
| 18:00     | J4/J5            | J6     |                  |        |           |        |       |           |        |       |          |           |           |          |
| 18:15     | J4/J5            | J6     | <8-1/2/3         | <7-1/2 |           | <9-1/2 |       |           |        |       |          | <11-1/2/3 | <10-1/2/3 |          |
| 18:30     | J4/J5            | J6     | <8-1/2/3         | <7-1/2 |           | <9-1/2 |       |           |        |       |          | <11-1/2/3 | <10-1/2/3 |          |
| 18:45     | J4/J5            | J6     | <8-1/2/3         | <7-1/2 |           | <9-1/2 |       |           |        |       |          | <11-1/2/3 | <10-1/2/3 |          |
| 19:00     | U19/J3           | J11/J2 | <8-1/2/3         | <7-1/2 |           | <9-1/2 |       |           |        |       |          | <11-1/2/3 | <10-1/2/3 |          |
| 19:15     | U19/J3           | J11/J2 | <8-1/2/3         | <7-1/2 |           | <9-1/2 |       |           |        |       |          | <11-1/2/3 | <10-1/2/3 |          |
| 19:30     | U19/J3           | J11/J2 |                  |        |           |        |       |           | <19-1  | <17-1 |          |           |           |          |
| 19:45     | U19/J3           | J11/J2 | VR 2             | Sen 5  |           | A Sel  | Sen 3 |           | <19-1  | <17-1 |          | A Sel     |           |          |
| 20:00     | Sen1             | Sen2   | VR 2             | Sen 5  |           | A Sel  | Sen 3 |           | <19-1  | <17-1 |          | VR-1      | A Sel     |          |
| 20:15     | Sen1             | Sen2   | VR 2             | Sen 5  |           | A Sel  | Sen 3 |           | <19-1  | <17-1 |          | VR-1      | A Sel     |          |
| 20:30     | Sen1             | Sen2   | VR 2             | Sen 5  |           | A Sel  | Sen 3 |           | <19-1  | <17-1 |          | VR-1      | A Sel     |          |
| 20:45     | Sen1             | Sen2   | VR 2             | Sen 5  |           | A Sel  | Sen 3 |           | <19-1  | <17-1 |          | VR-1      | A Sel     |          |
| 21:00     | Sen1             | Sen2   | VR 2             | Sen 5  |           | A Sel  | Sen 3 |           |        |       |          | VR-1      | A Sel     |          |
| 21:15     | Sen1             | Sen2   |                  |        |           |        |       |           |        |       |          |           |           |          |
| 21:30     | Sen1             | Sen2   |                  |        |           |        |       |           |        |       |          |           |           |          |
| 21:45     | Sen1             | Sen2   |                  |        |           |        |       |           |        |       |          | VR-1      |           |          |
| 22:00     |                  |        |                  |        |           |        |       |           |        |       |          |           |           |          |

Versie: 11 augustus 2026 Elk blok in tijd is één kwartier: dus eerste blok loopt van 17:00 uur tot 17:15 uur

| Maa   | Lok 1            | Lok 2 | Lok 3            | Lok 4 | Lok 5 | Lok 6 | Lok 7 | Lok 8 | Lok 9 | Lok 10 | Lok 11 | Lok 12 | Bespr. | Sch 1        | Sch 2       | Sch 3       | Sch 4 |  |
|-------|------------------|-------|------------------|-------|-------|-------|-------|-------|-------|--------|--------|--------|--------|--------------|-------------|-------------|-------|--|
| 17:00 | Senioren Voetbal |       | Jeugd Korfbal    |       |       |       |       |       |       |        |        |        |        |              |             |             |       |  |
| 17:15 | Jeugd Voetbal    |       | Senioren Korfbal |       |       |       |       |       |       |        |        |        |        |              |             |             |       |  |
| 17:30 | Omkleedtijd      |       |                  |       |       |       |       |       |       |        |        |        |        |              |             |             |       |  |
| 17:45 |                  |       |                  |       |       |       |       |       |       |        |        |        |        |              |             |             |       |  |
| 18:00 |                  |       |                  |       |       |       |       |       |       | J9     | J10    | J11    |        | Omkl leiderV | Geresneveer | Geresneveer |       |  |
| 18:15 |                  |       | <13-2            | <13-3 | <15-2 | <13-1 | <15-1 | <14-1 | J7    | J9     | J10    | J11    | K Tr   | Omkl leiderV | K Tr-M      | Geres       | Geres |  |
| 18:30 |                  |       | <13-2            | <13-3 | <15-2 | <13-1 | <15-1 | <14-1 | J7    | J9     | J10    | J11    | K Tr   | Omkl leiderV | K Tr-M      | Geres       | Geres |  |
| 18:45 |                  |       | <13-2            | <13-3 | <15-2 | <13-1 | <15-1 | <14-1 | J7    | J3     | J10    | J11    | K Tr   | Omkl leiderV | K Tr-M      | Geres       | Geres |  |
| 19:00 |                  |       | <13-2            | <13-3 | <15-2 | <13-1 | <15-1 | <14-1 | J7    | J9     | J10    | J11    | K Tr   | Omkl leiderV | K Tr-M      | Geres       | Geres |  |
| 19:15 | <19-1            | <17-1 | <19-2            | <17-2 | <15-2 | <13-1 | <15-1 | <14-1 | J7    | J9     | J10    | J11    | K Tr   | Omkl leiderV | K Tr-M      | Geres       | Geres |  |
| 19:30 | <19-1            | <17-1 | <13-2            | <13-3 | <15-2 | <13-1 | <15-1 | <14-1 | J7    | J3     |        |        | K Tr   | Omkl leiderV | K Tr-M      | Geres       | Geres |  |
| 19:45 | <19-1            | <17-1 | <13-2            | <13-3 | <15-2 | <13-1 | <15-1 | <14-1 | J7    | J3     |        |        | K Tr   | Omkl leiderV | K Tr-M      | Geres       | Geres |  |
| 20:00 | <19-1            | <17-1 | <19-2            | <17-2 |       | K Tr  |       |       |       | J3     |        |        |        | Omkl leiderV | K Tr-M      | Geres       | Geres |  |
| 20:15 | <19-1            | <17-1 | <19-2            | <17-2 |       | K Tr  |       |       |       | J3     |        |        |        | Omkl leiderV | K Tr-M      | Geres       | Geres |  |
| 20:30 | <19-1            | <17-1 | <19-2            | <17-2 |       | K Tr  |       |       |       |        |        |        |        | Omkl leiderV | K Tr-M      | Geres       | Geres |  |
| 20:45 | <19-1            | <17-1 | <19-2            | <17-2 |       | K Tr  |       |       |       |        |        |        |        | Omkl leiderV | K Tr-M      | Geres       | Geres |  |
| 21:00 | <19-1            | <17-1 | <19-2            | <17-2 |       |       |       |       |       |        |        |        |        | Omkl leiderV | K Tr-M      | Geres       | Geres |  |
| 21:15 | <19-1            | <17-1 | <19-2            | <17-2 |       |       |       |       |       |        |        |        |        | Omkl leiderV | K Tr-M      | Geres       | Geres |  |
| 21:30 |                  |       |                  |       |       |       |       |       |       |        |        |        |        | Omkl leiderV | Geresneveer | Geresneveer |       |  |
| 21:45 |                  |       |                  |       |       |       |       |       |       |        |        |        |        | Omkl leiderV | Geresneveer | Geresneveer |       |  |
| 22:00 |                  |       |                  |       |       |       |       |       |       |        |        |        |        | Omkl leiderV | Geresneveer | Geresneveer |       |  |