

Trainingsschema 2013/2014

		Maandag				Dinsdag				Woensdag				Donderdag				Vrijdag							
van	tot	veld 1	veld 2	veld 3	veld 4	veld 1	veld 2	veld 3	veld 4	veld 1	veld 2	veld 3	veld 4	veld 1	veld 2	veld 3	veld 4	veld 1	veld 2	veld 3	veld 4	van	tot		
13:30	13:45																						13:30	13:45	
13:45	14:00																							13:45	14:00
14:00	14:15																							14:00	14:15
14:15	14:30																							14:15	14:30
14:30	14:45																							14:30	14:45
14:45	15:00																							14:45	15:00
15:00	15:15																							15:00	15:15
15:15	15:30																							15:15	15:30
15:30	15:45																							15:30	15:45
15:45	16:00																							15:45	16:00
16:00	16:15																							16:00	16:15
16:15	16:30																							16:15	16:30
16:30	16:45																							16:30	16:45
16:45	17:00																							16:45	17:00
17:00	17:15																							17:00	17:15
17:15	17:30																							17:15	17:30
17:30	17:45	E5	E4						LT E1-E2															17:30	17:45
17:45	18:00			E1	E2																			17:45	18:00
18:00	18:15					C2	F1	E6																18:00	18:15
18:15	18:30																							18:15	18:30
18:30	18:45	D3	D2						LT D1															18:30	18:45
18:45	19:00																							18:45	19:00
19:00	19:15																							19:00	19:15
19:15	19:30																							19:15	19:30
19:30	19:45																							19:30	19:45
19:45	20:00																							19:45	20:00
20:00	20:15	B1	B2																					20:00	20:15
20:15	20:30																							20:15	20:30
20:30	20:45																							20:30	20:45
20:45	21:00																							20:45	21:00
21:00	21:15																							21:00	21:15
21:15	21:30																							21:15	21:30
21:30	21:45																							21:30	21:45
21:45	22:00																							21:45	22:00
22:00	22:15																							22:00	22:15

veld 1 = trainingsveld links
 veld 2 = trainingsveld rechts
 veld 3 = C-veld links
 veld 4 = C-veld rechts
 LT = Looptraining