







# TRAININGS SCHEMA, DONDERDAG

INFO:

P-J-S Commissie  
Dannis Kee

Trainingstijden pupillen
Trainingstijden junioren
Trainingstijden heren
Trainingstijden dames/meiden

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DONDERDAG	F Veld	KK	A-VELD 1	KK	A-VELD 2	KK	B-VELD 1	KK	B-VELD 2	KK	Vaart 1	KK	Vaart 2	KK
15.30-15.45	JO8-1 + JO8-2	1												
15.45-16.00	JO8-1 + JO8-2	1												
16.00 - 16.15	JO8-1 + JO8-2	1												
16.15 - 16.30	JO8-1 + JO8-2	1												
16.30 - 16.45	JO8-1 + JO8-2	1												
16.45 - 17.00	JO8-1 + JO8-2	1												
17.00 - 17.15	JO9-1 + JO9-2	5	JO10-1 + JO10-2	6	JO11-1 + JO11-2	7	JO13-1	10	JO12-1 + JO12-2	11				
17.15 - 17.30	JO9-1 + JO9-2	5	JO10-1 + JO10-2	6	JO12-1 + JO12-2	7	JO13-1	10	JO12-1 + JO12-2	11				
17.30 - 17.45	JO9-1 + JO9-2	5	JO10-1 + JO10-2	6	JO12-1 + JO12-2	7	JO13-1	10	JO12-1 + JO12-2	11				
17.45 - 18.00	JO9-1 + JO9-2	5	JO10-1 + JO10-2	6	JO12-1 + JO12-2	7	JO13-1	10	JO12-1 + JO12-2	11				
18.00 - 18.15	JO9-1 + JO9-2	5	JO10-1 + JO10-2	6	JO12-1 + JO12-2	7	JO13-1	10	JO12-1 + JO12-2	11	(JO15-2)	JO15-3	MO13-1	
18.15 - 18.30	JO9-1 + JO9-2	5	JO10-1 + JO10-2	6	JO12-1 + JO12-2	7	JO13-1	10	JO12-1 + JO12-2	11	(JO15-2)	JO15-3	MO13-1	
18.30 - 18.45	JO14-1	2	JO15-1	3	JO16-1	4	JO17-1	8	JO19-1	1	(JO15-2)	JO15-3	MO13-1	
18.45 - 19.00	JO14-1	2	JO15-1	3	JO16-1	4	JO17-1	8	JO19-1	1	(JO15-2)	JO15-3	MO13-1	
19.00 - 19.15	JO14-1	2	JO15-1	3	JO16-1	4	JO17-1	8	JO19-1	1	(JO15-2)	JO15-3	MO13-1	
19.15 - 19.30	JO14-1	2	JO15-1	3	JO16-1	4	JO17-1	8	JO19-1	1	JO17-2		JO17-3	
19.30 - 19.45	JO14-1	2	JO15-1	3	JO16-1	4	JO17-1	8	JO19-1	1	JO17-2		JO17-3	
19.45 - 20.00	JO14-1	2	JO15-1	3	JO16-1	4	JO17-1	8	JO19-1	1	JO17-2		JO17-3	
20.00 - 20.15	JO15-2		Zon 1	9 + 17	Zon 1	9 + 17	O23-1	11 + 17	Zat 1	16	JO17-2		JO17-3	
20.15 - 20.30	JO15-2 - KB35+	5	Zon 1	9 + 17	Zon 1	9 + 17	O23-1	11 + 17	Zat 1	16	JO17-2		JO17-3	
20.30 - 20.45	JO15-2 - KB35+	5	Zon 1	9 + 17	Zon 1	9 + 17	O23-1	11 + 17	Zat 1	16	JO19-2		VR1 Zon	
20.45 - 21.00	JO15-2 - KB35+	5	Zon 1	9 + 17	Zon 1	9 + 17	O23-1	11 + 17	Zat 1	16	JO19-2		VR1 Zon	
21.00 - 21.15	JO15-2 - KB35+	5	Zon 1	9 + 17	Zon 1	9 + 17	O23-1	11 + 17	Zat 1	16	JO19-2		VR1 Zon	
21.15 - 21.30	KB35+	5	Zon 1	9 + 17	Zon 1	9 + 17	O23-1	11 + 17	Zat 1	16	JO19-2		VR1 Zon	
21.30 - 21.45											JO19-2		VR1 Zon	



