

JO19-1

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|-----------|------------|
| Martijn | Boerstra |
| Siebe | de Boer |
| Hette | de Jong |
| Frank | de Jong |
| Harro | Deinum |
| Tjardo | Haantjes |
| Jens | Jager |
| Julian | Kuiper |
| Maxime | Liouville |
| Adonai | Nzoko |
| Timo | Osinga |
| Johan | Tiemersma |
| Koen | Wesselius |
| Aron Auke | Ybema |
| Jippe | Zeldenrust |

JO19-2

| | |
|--------|----------------|
| Kevin | Albada |
| Sjoerd | Boersma |
| Timo | Braam |
| Elbert | Crossen |
| Pieter | Halma |
| Rudmer | Jong |
| Omar | Kheder Shariki |
| Ali | Omar |
| Ruben | Pietersma |
| Ryan | Rapati |
| Ymme | Rijpstra |
| Jacco | Visser |
| Erwin | Visser |
| Joep | Wesselius |
| Bjorn | Wortman |