

Trainingschema pre season 2024|2025 (per dag)
Versie: 4 juni 2024



| Van | Tot | Veld 1A | Veld 1B | Veld 2A | Veld 2B | Veld 3A | Veld 3B | Veld 4A | Veld 4B |
|------------------|-------|---|--|--|--|---|----------------------------------|--|--------------------------------|
| Maandag | | | | | | | | | |
| 16:00 | 17:00 | JO12-selectie 1615-1730 Awi Hidde | | JO10-selectie 1645-1800 Lars Roemer | | MO11-1 1730-1845 Dick | | MO9-1 MO10-1 1730-1845 | |
| 17:00 | 18:00 | kleedkamer 1 | | kleedkamer 8 | | Opleidingsteam onderbouw 1730-1845 | | | |
| 18:00 | 19:00 | JO11-selectie 1730-1845 Justin Jasper | JO8-selectie 1730-1845 Sam Sem | JO9-selectie 1730-1845 Randall Jacob | | | | | |
| | | kleedkamer 2 | kleedkamer 4 | kleedkamer 5 | | kleedkamer 6 | kleedkamer 12 13 | kleedkamer 9 | |
| 19:00 | 20:00 | Reserveren oefen/inhaal middenbouw (O12-O15) 1900-2015 | | JO15-1 1845-2000 Ruben | JO14-1 1845-2000 Marvin | JO13-1 1845-2000 Jordy | | JO19-2 1845-2000 Ronald Wouter | JO16-3 1845-2000 Michael |
| | | kleedkamer 1 | kleedkamer 14 | kleedkamer 10 | kleedkamer 11 | kleedkamer 16 | | | |
| 20:00 | 21:00 | Reserveren oefen/inhaal bovenbouw/senioren (O16+) 2030-2200 | | | | | | | |
| 21:00 | 22:00 | kleedkamer 2 | kleedkamer 15 | | | | | | |
| Dinsdag | | | | | | | | | |
| 17:00 | 18:00 | | | | | | | | |
| 18:00 | 19:00 | | | | | | | | |
| 19:00 | 20:00 | JO16-1 1845-2000 Gert | | JO15-1 1845-2000 Ruben | JO15-2 1845-2000 Michael Daan | JO14-1 1845-2000 Marvin | JO14-2 1845-2000 Sebastien | JO13-1 1845-2000 Jordy | JO13-3 1845-2000 Miloud |
| | | kleedkamer 4 | | kleedkamer 10 | kleedkamer 9 | kleedkamer 11 | kleedkamer 14 | kleedkamer 16 | kleedkamer 15 |
| 20:00 | 21:00 | Reserveren oefen/inhaal bovenbouw/senioren (O16+) 2030-2200 | | JO19-1 2015-2130 Johan | JO17-1 2015-2130 Othman | MO20-1 2015-2130 Gaby | MO17-1 2015-2130 Toon | | |
| 21:00 | 22:00 | kleedkamer 5 | kleedkamer 8 | kleedkamer 1 | kleedkamer 2 | kleedkamer 6 | kleedkamer 7 | | |
| Woensdag | | | | | | | | | |
| 14:30 | 15:00 | | | | | | | | |
| 15:00 | 16:00 | | | | | | | | |
| 16:00 | 17:00 | JO12-selectie 1615-1730 Awi Hidde | | | | | | | |
| 17:00 | 18:00 | kleedkamer 1 | | Reserveren oefen/inhaal onderbouw 1730-1845 | | JO9-selectie 1730-1845 Randall Jacob | MO11-1 1730-1845 Dick | Reserveren keepers | |
| 18:00 | 19:00 | kleedkamer 2 | kleedkamer 8 | kleedkamer 9 10 | kleedkamer 5 | kleedkamer 6 | | | |
| 19:00 | 20:00 | Reserveren oefen/inhaal middenbouw (O12-O15) 1900-2015 | | Reserveren oefen/inhaal middenbouw (O12-O15) 1900-2015 | | | | | |
| | | kleedkamer 1 | kleedkamer 14 | kleedkamer 15 | kleedkamer 16 | | | | |
| 20:00 | 21:00 | Reserveren oefen/inhaal bovenbouw/senioren (O16+) 2030-2200 | | | | | | | |
| 21:00 | 22:00 | kleedkamer 2 | kleedkamer 8 | | | | | | |
| Donderdag | | | | | | | | | |
| 17:00 | 18:00 | | | | | | | | |
| 18:00 | 19:00 | | | | | | | | |
| 19:00 | 20:00 | JO16-1 1845-2000 Gert | | JO15-1 1845-2000 Ruben | JO15-2 1845-2000 Michael Daan | JO14-1 1845-2000 Marvin | JO14-2 1845-2000 Sebastien | JO13-1 1845-2000 Jordy | JO13-3 1845-2000 Miloud |
| | | kleedkamer 4 | | kleedkamer 10 | kleedkamer 9 | kleedkamer 11 | kleedkamer 14 | kleedkamer 16 | kleedkamer 15 |
| 20:00 | 21:00 | Reserveren oefen/inhaal bovenbouw/senioren (O16+) 2030-2200 | | JO19-1 2015-2130 Johan | JO17-1 2015-2130 Othman | MO20-1 2015-2130 Gaby | MO17-1 2015-2130 Toon | | |
| 21:00 | 22:00 | kleedkamer 5 | kleedkamer 8 | kleedkamer 1 | kleedkamer 2 | kleedkamer 6 | kleedkamer 7 | | |
| Vrijdag | | | | | | | | | |
| 16:00 | 17:00 | JO12-selectie 1615-1730 Awi Hidde | | JO9-selectie 1615-1730 Randall Jacob | | BFA Onder-8 t/m Onder-10 (breedte) 1600-1700 | | | |
| 17:00 | 18:00 | kleedkamer 1 | | JO10-selectie 1645-1800 Lars Roemer | kleedkamer 5 | BFA Onder-11 t/m Onder-17 (breedte) 1715-1815 | | | |
| 18:00 | 19:00 | JO11-selectie 1730-1845 Justin Jasper | | kleedkamer 8 | JO8-selectie 1730-1845 Sam Sem | kleedkamer 9 | | | |
| | | kleedkamer 2 | | | kleedkamer 4 | | | | |

| | ma | di | wo | do | vr |
|----------|----|----|----|----|----|
| BFC1 | | | | | |
| O23 | | | | | |
| JO19-1 | | | x | x | |
| JO17-1 | | | x | x | |
| JO16-1 | | | x | x | |
| JO15-1 | | | x | x | x |
| JO14-1 | | | x | x | x |
| JO13-1 | | | x | x | x |
| JO12-sel | | | x | x | x |
| JO11-sel | | | x | x | x |
| JO10-sel | | | x | x | x |
| JO9-sel | | | x | x | x |
| JO8-sel | | | x | x | x |
| JO15-2 | | | x | x | |
| JO14-2 | | | x | x | |
| JO13-3 | | | x | x | |
| JO12-2 | | | x | x | |
| JO11-3 | | | x | x | |
| JO10-1 | | | x | x | |
| JO9-3 | | | x | x | |
| MO20-1 | | | x | x | |
| MO17-1 | | | x | x | |
| MO17-2 | | | | | |
| MO15-1 | | | | | |
| MO15-2 | | | | | |
| MO13-1 | | | | | |
| MO12-1 | | | | | |
| MO11-1 | | | x | x | |
| MO10-1 | | | | | |
| MO10-2 | | | | | |
| MO9-1 | | | | | |
| MO9-2 | | | | | |
| BFC2 | | | | | |
| BFCO23-2 | | | | | |
| JO19-2 | | | | | |
| JO19-3 | | | | | |
| JO19-4 | | | | | |
| JO17-2 | | | | | |
| JO17-3 | | | | | |
| JO17-4 | | | | | |
| JO16-2 | | | | | |
| JO16-3 | | | | | |
| JO16-4 | | | | | |
| JO15-3 | | | | | |
| JO15-4 | | | | | |
| JO14-3 | | | | | |
| JO14-4 | | | | | |
| JO13-5 | | | | | |
| JO13-6 | | | | | |